



Speedo[®] Illinois Swimming Senior Championship Meet

Hosted by the Palatine Park District Swim Team

March 2-4, 2007

The 2007 Illinois Senior Short Course Swimming Championships are sanctioned by USA Swimming, Inc. Sanction No. ILS07-0306, (Time Trial Sanction ILS07-0307). All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced and posted at the meet.

LOCATION: Flames Natatorium at University of Illinois Chicago—901 West Roosevelt Road, Chicago Illinois

FACILITY: Eight-lane 25-yard competition pool with starting blocks at both ends. The start end and the turn end of the pool are 16' 0" deep. Lanes are separated by 6" Wave Eater Advantage anti-wave lane lines. The touch pads will be Colorado Aquagrips non-slip. The timing system is a Daktronics OmniSport[®] 2000 with an 8-lane readout board. There is a separate area of the pool that will be designated for warm up/swim down. Seating is available for 1200 spectators.

MEET DIRECTOR
Curt Freund & Brian Bessler
847-452-5867
ctjafreund@sbcglobal.net

MEET REFEREE
Sandy Drake
swimdrake@comcast.net

ENTRIES CHAIR
James Brustad
708-525-9273
seniorentry@ilswim.org

SAFTY COORDINATOR
Mauro D'Andrea and Ray Sophie

MEET SCHEDULE:

	PRELIMS		FINALS	
	Warm-Ups	Start	Warm-Ups	Start
Friday	7:30 am	9:00 am	3:30 pm	5:00 pm
Saturday	7:30 am	9:00 am	3:30 pm	5:00 pm
Sunday	7:30 am	9:00 am	2:30 pm	4:00 pm

DEADLINE AND MEETING SUMMARY:

Monday	February 1	12:01am	Entry's Open
Monday	February 19	11:59pm	Entry Deadline On-Line
Tuesday	February 20	6:00PM	Entry Deadline Paper
Tuesday	February 27	1:00pm	Secondary Entry Deadline
Thursday	March 1	1:00pm	Fax Scratch Deadline
Thursday	March 1	7:00pm	Scratch Meeting
Thursday	March 1	7:30pm	Initial Scratch Deadline
Friday	March 2	8:30am	Relay Check-in Deadline
Friday	March 2	8:45am	Coaches Meeting (if necessary)
Friday	March 2	5:30pm	Scratch Deadline for next day's events
Saturday	March 3	8:30am	Relay Check-in Deadline
Saturday	March 3	8:45am	Coaches Meeting (if necessary)
Saturday	March 3	5:30pm	Scratch Deadline for next day's events
Sunday	March 4	8:30am	Relay Check-in Deadline
Sunday	March 4	8:45am	Coaches Meeting (if necessary)

ENTRY CHECKLIST:

This meet will be using USA Swimming On-Line Meet Entry www.usaswimming.org/ome. If not entering on-line, send entry forms by overnight delivery no later than Monday, February 19. Entry forms must be received on or before close of business, Tuesday February 20 please send entries with an overnight service that has tracking capabilities and include the following:

1. Relay Entry Form and Distance Events Entry Form with all proof of times.
2. Team Summary and Release Form.
3. Any entry fees and swimmer surcharge payments.

Checks payable to: Illinois Swimming Inc

MAIL ENTRIES TO:	Illinois Swimming Inc 3166 S. River Rd, Suite 30 Des Plaines, IL 60018	EMAIL ENTRIES QUESTIONS TO:	seniorentries@ilswim.org
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ENTRIES MUST BE RECEIVED AT THE ABOVE LOCATION BY 6:00 PM Tuesday, February 20, 2006

If using Express Mail service please sign the release allowing delivery without a signature. If verification of receipt is desired, please enclose a self-addressed, stamped post card with entry.



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QUALIFYING TIMES: 2007 Championship Time Standards are included. Only swimmers having achieved qualifying times between July 15, 2005 and 6:00 pm February 19, 2007 are eligible for this meet. Fax entries are subject to restrictions listed in the ISI Rules & Regulations Manual, Article 206 Championship Meets. Entry times may be submitted in short course yards, long course meters, or short course meters. Please highlight and note ("LCM" or "SCM") next to all non-conforming entry times.

ENTRY FEES: \$5.00 per individual event, and \$15.00 per relay entry. A swimmer surcharge of \$2.00 per swimmer entered in at least one individual event must be included with entry. Make checks payable to: Illinois Swimming Inc

ENTRY DETAILS AND DEADLINE: Entries may be submitted on line beginning on February 1, 2007 (12:01AM CDT) through the USA Swimming website: www.usaswimming.org/ome. Online entries will be accepted until Monday February 19 (11:59PM CDT). You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover there is an option to pay by check directly to Illinois Swimming. Once you complete your online entry, you will be sent a confirmation email. Bring all communications with you to the meet in case of problems with entries. You can return to your entry after you have checked out to modify entry times should they improve during the entry period. You can also add events to your entry but you **cannot delete events after you have paid for them**. Entries for the 1000 free and the 1650 free and all relay entries must forward acceptable proof-of-time with copy of entry to the ISI Office. All relay entries (aggregate and composite) must include names of swimmers used for proof-of-time.

SECONDARY ENTRY DETAILS AND DEADLINE: Secondary entries are limited to qualifying times achieved between 12:01 am on February 20, 2007, and 1:00pm on Monday February 26, 2007, are due by 1:00pm on Tuesday February 27, 2007. Please use the fax entry form and fax to 847-824-1726. It is the responsibility of the person submitting entries to confirm delivery. Entries for the secondary deadline shall begin on Tuesday February 20, 2007 (12:01 AM CDT) through the USA Swimming website: www.usaswimming.org/ome. Online secondary entries will be accepted until Tuesday February 27 (1:00PM CDT). You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover there is an option to pay by check directly to Illinois Swimming. Once you complete your online secondary entry, you will be sent a confirmation email. Bring all communications with you to the meet in case of problems with entries. You can also add events to your entry but you **cannot delete events after you have paid for them**.

ENTRY CONFIRMATION: It is the responsibility of the person submitting entries to confirm delivery. Using a service such as the USPS delivery confirmation or a reputable overnight courier will suffice as proof of entry, should the entry be lost. Additionally, it is the responsibility of the person emailing entries to confirm receipt.

ELIGIBILITY: All swimmers must be current (2007) members of USA Swimming and Illinois Swimming. "Applied For" registration numbers will not be accepted; registration forms

may be obtained from the ISI office, 847-824-1596, 3166 S. River road, Suite 30, DesPlaines, IL 60018 or downloaded from the Illinois Swimming website. www.ilswwim.org.

EVENT LIMITATIONS: a swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than 6 individual events during the meet. No swimmer shall be permitted to compete in more than three (3) individual events per day.

INDIVIDUAL EVENTS: All individual events except the 1000 and 1650 free will be conducted as preliminary/final events with consolation and championship final heats

DISTANCE EVENTS: The 1000 and 1650 free are conducted as timed final events. The fastest seeded heat of the women's and men's 1000 and 1650 free will swim as the first event of finals on the same day as all other heats for the event. All other heats of the 1000 and 1650 free will be swum at the conclusion of the preliminary session on the day of the event, where the second fastest seeded women's heat will swim first and the second fastest seeded men's heat will swim second. The third fastest seeded women's heat will swim third; the third fastest seeded men's heat will swim fourth, continuing in this fashion until all heats are swum. Swimmers with a 1000 free qualifying time may enter the 1650 free event; swimmers with a 1650 free qualifying time may enter the 1000 free event. Swimmers should be entered at the lowest non-conforming 1000 or 1650 freestyle time standard.

RELAY EVENTS: All relay events will be conducted as timed final events, and will be swum at the end of the preliminary session from fastest to slowest alternating women and men. **Relay scratches are due no later than thirty (30) minutes prior to the start of each preliminary session.** Relay entries are subject to Championship Scratch Rules. The time for each relay team shall be submitted on the entry blank and no change in time will be permitted. The time for each relay may be submitted as a composite or aggregate time. Aggregate times must be equivalent (i.e., all short course yards, all short course meters, or all long course meters). All relay entries must be accompanied by acceptable proof-of-time. Relay teams with properly proven times will be declared entered in the meet.

Relay teams shall indicate on the entry form whether they elect to be entered at their provable time or at the lowest priority non-conforming time standard.

Relay entry times shall be achieved from the first day of the previous year's corresponding Senior Championships and the entry deadline. All swimmers listed for relay proof-of-time must be eligible to compete in that relay event.

Each coach shall pick up relay entry forms from the clerk of course, on which he/she shall list the competing relay swimmers, their first and last names, ages, and order of swimming, for each entered relay. Upon reporting to the starting blocks, immediately prior to the start of the relay heat in which such team is entered, the completed relay entry form shall be handed to the head lane timer. No change will be permitted there after and failure to present the head lane timer with written list of relay swimmers shall prevent such team from competing.



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SEEDING: Entries shall be seeded according to USA Swimming rules. Entry times conforming to the course length for this championship meet (SCY) shall be considered "conforming times". All other times meeting the appropriate standard shall be considered "non-conforming times". The order of seeding for this meet is: short course yards (SCY), long course meters (LCM), short course meters (SCM).

PROOF OF TIME: Entries for the 1000 free and the 1650 free and all relay entries must be accompanied by acceptable proof-of-time with original entry. All relay entries (aggregate and composite) must include names of swimmers used for proof-of-time. Entries requiring proof-of-time will not be seeded without acceptable proof-of-time.

SCRATCH MEETING: Will start at 7:00pm on Thursday, March 1, 2007 at the Flames Natatorium

SCRATCH PROCEDURES: ISI Championship scratch rules and procedures will be in effect at this meet. Scratches for the finals shall be made with the Administrative Referee. Scratches from preliminary events shall be made using the scratch box at the clerk of course. The scratch deadline for preliminary events is as follows:

- Thursday 7:30pm For Friday events
- Friday 5:30pm For Saturday events
- Saturday 5:30pm For Sunday events

COACHES MEETING: There will be a coaches meeting 15 minutes prior to the start of each prelim session if needed. Each team or unattached swimmer must be represented.

READY ROOM & AWARDS CEREMONY: Swimmers in the championship finals should report to the ready room area two heats prior to their event. Awards for women and men will be presented after each men's championship final heat. Relay awards for day one and day two events will be presented at the beginning of the following evening's finals.

AWARDS: The Carolyn Lambert Award will be presented to the overall team champion. Additionally, team awards will be given to the top three combined teams and the top women's and men's team. Other awards will be given to the top 8 finishers in individual events, and the top three finishers in relay events.

MISSED QUALIFYING TIMES & FINES: Entry times will be taken from the SWIMS database. Custom times may be entered, however all times not from SWIMS are subject to 'proof of time' at the clerk of course table. Coaches will be notified of the need to prove times.

BREAKS: Ten-minute breaks with the pool open for warm-ups are scheduled at the following times:

- Prior to the start of the first heat of the Women's, relay event of each session.
- Prior to the first heat of the 1000 and 1650 free events in the preliminary session.
- After the Men's 1000 and 1650 in the finals session.
- At the discretion of the meet referee

ADMISSIONS: \$5.00 per session (12 & under free). A Special 3-day heat sheet package 1 daily prelim heat sheet, and 1 daily finals heat sheet: \$25.00 (daily heat sheets for either preliminaries or finals will be distributed on the corresponding day's competition only). Daily preliminary heat sheets are \$4.00; daily finals heat sheets are \$2.00

MEET RESULTS: Meet results will be available via .PDF file on the Illinois Swimming website.

PARKING: Parking is tentatively available in the Morgan Street lot across from the UIC pool. Fees range from \$4.00-\$12.00 per day.

FOOD & SWIM SHOP CONCESSIONS: Food and swim shop



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concessions will be available at the meet.

LOCKER ROOMS: Locker rooms will be shared with other patrons during the event. No horseplay will be tolerated.

TIME TRIALS: Time trials will be offered at the meet for competing swimmers. Events offered will be in the following order:

<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Fridays Events	Saturdays Events	Sundays Events
Saturdays Events	Sundays Events	Fridays Events
Sundays Events	Fridays Events	Saturdays Events

MEET COMMITTEE/TECHNICAL JURY: The Meet Director and the Senior Vice-Chair will select the Meet Committee. The committee will consist of a coach, an athlete, and 1-3 other individuals.

WARM-UP: ISI warm-up and safety procedures will be in effect.

MEMBERSHIP: Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be current with all safety certifications. Coaches and officials must display USA Swimming credentials at all times while on deck. Credentials will be checked for all Coaches at the Clerk of Course table prior to receiving team packet.

TIMERS: Each team with swimmers in the meet must provide timers. A list of lane assignments for each team will be posted after the entry deadline. A club timer coordinator with phone number and email address must be listed on your Team Summary and Release Form that is submitted with your entry.

OFFICIALS: Officials interested in working should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating JimAudet@aol.com. A mandatory brief for all officials working the meet will begin 1 hour before the start of each session. This meet has been designated as a qualifying meet. As such this meet is open to all Officials with the Region who wish to, and are eligible to, be evaluated for advancement and re-certification.

Publicity: Any swimmer competing in the championship final of an event for the first time at this meet should be sure that his/her biographical information is on file. Forms will be located at the Clerk of Course and Admin Tables.



ILLINOIS SWIMMING



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WOMEN				Friday, March 2, 2007			MEN		
Event #	LCM	SCM	SCY	Event Name	SCY	SCM	LCM	Event #	
1	10:17.19	9:55.39	11:21.99	800/1000 Freestyle	10:55.99	9:44.99	9:32.19	2	
3	1:23.49	1:19.79	1:11.89	100 Breaststroke	1:05.99	1:12.69	1:16.59	4	
5	2:20.19	2:13.49	2:01.19	200 Freestyle	1:51.39	2:03.19	2:09.19	6	
7	1:11.49	1:09.09	1:02.59	100 Butterfly	56.99	1:02.69	1:04.89	8	
9	2:38.09	2:31.49	2:18.19	200 Individual Medley	2:07.29	2:21.29	2:28.29	10	
10 minute break									
11	9:41.49	9:25.59	8:30.49	800 Free Relay	7:47.99	8:51.19	9:09.39	12	

WOMEN				Saturday, March 3, 2007			MEN		
Event #	LCM	SCM	SCY	Event Name	SCY	SCM	LCM	Event #	
13	5:38.79	5:28.79	4:56.19	400 Individual Medley	4:37.19	5:07.69	5:23.29	14	
15	29.79	28.29	25.49	50 Freestyle	23.09	25.69	26.99	16	
17	3:04.19	2:54.59	2:37.29	200 Breaststroke	2:25.39	2:41.39	2:50.09	18	
19	1:13.19	1:09.79	1:02.89	100 Backstroke	58.59	1:04.99	1:08.59	20	
21	4:52.29	4:42.29	5:26.69	400/500 Freestyle	5:04.09	4:26.09	4:33.89	22	
10 minute break									
23	5:02.19	4:55.09	4:22.99	400 Medley Relay	4:00.99	4:27.69	4:35.09	24	

WOMEN				Sunday, March 4, 2007			MEN		
Event #	LCM	SCM	SCY	Event Name	SCY	SCM	LCM	Event #	
25	19:49.69	19:25.69	19:10.79	1500/1650 Freestyle	18:19.79	18:25.09	18:49.09	26	
27	2:39.89	2:31.79	2:16.79	200 Backstroke	2:09.59	2:23.79	2:31.59	28	
29	1:04.69	1:01.39	55.89	100 Freestyle	50.79	55.39	57.59	30	
31	2:39.99	2:34.99	2:21.79	200 Butterfly	2:11.19	2:25.59	2:33.89	32	
10 minute break									
33	4:27.49	4:22.09	3:52.99	400 Free Relay	3:31.19	4:00.39	4:09.09	34	



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TEAM SUMMARY & RELEASE FORM

Name of Club: _____ Club Code: _____
Complete Mailing Address _____

Club Coordinator : _____
Phone (Day) _____ (Eve) _____ Email: _____
Names of Coaches at Meet:
1. _____ 2. _____
3. _____ 4. _____

Club Contact Person: _____
Phone (Day) _____ (Eve) _____ Email: _____

Total Women's Events	_____	X	\$5.00 per event	= \$ _____
Total Men's Events	_____	X	\$5.00 per event	= \$ _____
Total Relay Events	_____	X	\$15.00 per Relay	= \$ _____
Number of Women Entered in Individual Events	_____	X	\$2.00 Surcharge	= \$ _____
Number of Men Entered in Individual Events	_____	X	\$2.00 Surcharge	= \$ _____
<i>Make Checks Payable to "Illinois Swimming"</i>			Total Amount Enclosed	= \$ _____

In consideration of the acceptance of this entry, intending to be legally bound, I hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., the "Host Club" their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

The undersigned coach or team representative of all swimmers listed on this entry hereby certifies that all times stated on this entry form are true and correct. The undersigned further assumes responsibility for any false or incorrect times, and acknowledges that, in accordance with ISI and USA Swimming rules, a substantial fine will be paid to Illinois Swimming, Inc., for each time that is false, incorrect, or unacceptable.

Signature of Coach, Parent, or Club Representative Phone for entry questions

Phone (Day) _____ (Eve) _____ Email _____



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FAX SCRATCH FORM

Name of Club: _____ Club Code: _____

Coach of Record for this meet: _____

Contact Person for this entry: _____

Phone (Day) _____ (Eve) _____ EMAIL Address: _____

Please refer to the ISI Rules & Regulations (Article 206) for additional information regarding FAX Scratch procedures.

The deadline for FAX Scratches is 1:00 PM, Thursday, March 2, 2006. Palantine Park District FAX: xxx-xxx-xxxx.
It is the responsibility of the sender to ensure that this FAX is received.

NAME Last, First, MI	USA Swimming ID	EVENT #	EVENT NAME	SEED TIME
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Signature: _____
(Club Representative)