



2008 Speedo[®] Illinois Swimming Regional Championship Meets

February 22-24, 2008

The 2008 Speedo[®] Illinois Swimming Regional Championship Meets are sanctioned by USA Swimming and Illinois Swimming, Inc sanction numbers (Fox Valley ILS08-0301; Barrington ILS08-0302; Lincoln Way ILS08-0303; Lake Forest ILS08-0304; Sheridan ILS08-0305). All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced.

There are five (5) Regional Championship Meets. Please check the Team Listings for the location of the meet your team has been assigned. Each team may only attend the meet to which they are assigned. Please Note:

LOCATIONS:

BSC	FOX	LWSA	SCT	SST
BARRINGTON HIGH SCHOOL 616 West Main Street (aka Lake-Cook Road) Barrington, IL 60010	NEUQUA VALLEY H.S. 2360 95th Street, Naperville, IL	LINCOLN-WAY EAST HS 201 Colorado Ave. Frankfort, IL 60423	LAKE FOREST HS 1285 N. McKinley Lake Forest, IL 60045	SHERIDAN SWIM CLUB 3915 South 24th Street Quincy, IL 62301

FACILITIES:

10 Lane, 25-yard competition pool Colorado System 5 timing system with Colorado touchpad Scoreboard is a Colorado Myriad showing 12 lines. Water depth at the start is 7.5 – 13.5 feet and at turn end is 7 feet.

The Neuqua Valley High School pool is a 25-yard, eight-lane pool with starting blocks at both ends. The start end is 13' deep and the turn end is 9' deep with Competitor brand 6" Gold Medal Non-Turbulent lane lines and a Daktronics 2000 scoring system with an 8-lane read out board. There is a separate 3-lane warm-up/cool down pool Spectator seating is for 750.

6 Lane, 25-yard competition pool with permanent bulkhead and Competitor non-turbulent lane lines Colorado System 5 timing system with 8-lane scoreboard readout. Water depth at the start is 14 feet and at turn end is 7 ½ feet. There is seating for approximately 600 spectators.

8 Lane, 25-yard competition pool with moveable bulkhead and non-turbulent lane lines with an additional 4-lane 20-yard warm-down area. Electronic timing system with 8-lane scoreboard readout Water depth at the start is 14 feet and at turn end is 4.9 feet. There is seating for approximately 500 spectators in pool area.

A six-lane 25-yard pool with starting blocks at both ends of the pool (pool depth ranges from 4' - 6'), non-turbulent lane markers and Colorado Automatic Timing System 5.

DEADLINE AND MEETING SUMMARY:

Monday	December 24	12:01 AM	Entry's Open
Tuesday	February 12	6:00 PM	Initial Entry Deadline
Tuesday	February 19	1:00 PM	Fax Entry Deadline
Thursday	February 21	1:00 PM	Fax Scratch Deadline
Friday	February 22	5:25 PM	Positive Check-In Closes
Friday	February 22	7:45 AM	Coaches Meeting
Friday	February 22	6:00 PM	Session 1 Start
Saturday	February 23	7:25 AM	Positive Check-In Closes
Saturday	February 23	7:45 AM	Coaches Meeting (If Necessary)
Saturday	February 23	8:00 AM	Session 2 Start
Saturday	February 23	12:25 PM	Positive Check-In Closes
Saturday	February 23	1:00 PM	Session 3 Start
Sunday	February 24	7:25 AM	Positive Check-In Closes
Sunday	February 24	7:45 AM	Coaches Meeting (If Necessary)
Sunday	February 24	8:00 AM	Session 4 Start
Sunday	February 24	12:25 PM	Positive Check-In Closes
Sunday	February 24	1:00 PM	Session 5 Start
Sunday	February 24	3:45 PM	Time Trial Sign-Up Closes
Sunday	February 24	5:30 PM	Time Trial



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TEAM ASSIGNMENTS

You must attend the meet to which you are assigned. All unattached athletes must contact the ISI Office (630-844-0476) to determine which meet they should attend.

BSC		FOX		LWSA		SCT		SST	
AA	HTSW	ACAD	UICA	BBSC	LU	BDSC	LFSC	BNY	SPY
BEST	MCY	AURY	WWAC	BSA	LWSA	CATS	MMSC	HEAT	SST
BLFN	MMAC	CHMP		CISC	MDWY	CLSC	MYST	CIA	SUSA
BRRY	PARK	CWAC		CPD	OCS	COHO	NASA	DDST	
BSC	PPD	DLTA		CSSC	OFSA	DPSC	NSSC	DOCS	
BTS	RMSC	EMSC		EXPR	OLSA	ERSC	NTSC	DSC	
DCST	SCST	FOX		GILS	PASS	GTAC	NU	JAC	
DUND	SPD	LYONS		HFSC	POSA	HPAC	PAC	LGSC	
DUST	WCS	MAVS		HOSC	RASC	IIT	SCT	MARL	
EGSC	WHTN	MBLM		HSC	TPSC	IRVP	TOPS	MSSC	
ELY	WSCS	OBS		HWSA	WEST	KNAC	WILD	PAWW	
EST		RBSC		JETS		LACS	WSO	RED	
FAST		RMA		KAST		LATT	Y2K	RIOS	
HLYS		SSSC		LHSC		LEAN	YWFF	RKSA	
						LEANQ		SBD	

MEET ADMINISTRATION:

	BSC	FOX	LWSA	SCT	SST
Meet Director	Dawn Emrath (847) 842-9848 dawn.emrath@sbcglobal.net	Carol Mordach (630) 904-1751 meetdirector@foxswimteam.com	Mark Hoffer (708) 774-0134 coachmark@ureach.com	Carolyn Grevers (224) 436-3195 cgrevers@yahoo.com	Veronica Fey (217) 224-7714 veronica.ssc@att.net
Entry Chair	Alissa Kojima (847) 809-9550 bscregional@ilswim.org	Sonia Hertogs (630) 904-1751 foxregional@ilswim.org	Mark Hoffer (708) 774-0134 lwsaregional@ilswim.org	Carolyn Grevers (224) 436-3195 sctregional@ilswim.org	Steve Roth (217) 224-1051 sstregional@ilswim.org
Meet Referee	Steve Widdowson stevev@swimbsc.org 847-652-2568	Jim Wing cinowings@yahoo.com 708-246-2116	Carla Murray Swim2soccermom@sbcglobal.net 708-594-7679	Val Bartman Vbart5@comcast.net 708-925-4460	Rome Yount ryount@insightbb.com 309-662-3504
Fax Number	847-639-7463	630-851-5733	708-599-7827	847-582-7793	217-223-7805
Web Site	www.swimbsc.org	www.foxswimteam.com	www.lwsagators.org	www.scoutaquatics.org	www.sheridanswimteam.com
Entry Address	ISI Regional C/O Alissa Kojima 9144 Jasmine Way Fox River Grove, IL 60021	ISI Regional C/O Sonia Hertogs 1255 Leverenz Rd. Naperville, 60564	ISI Regional C/O Mark Hoffer 8651 W. 96 th Palos Hills, IL 60465	ISI Regional C/O Carolyn Grevers 1285 N. McKinley Lake Forest, IL 60045	ISI Regional C/O Steve Roth 3915 South 24th Street Quincy, IL 62301

MEET SCHEDULE:

Friday Evening Session (1) Ages All	Saturday and Sunday Morning Sessions (2 & 4) Ages 12 & Under; 10 & Under	Saturday and Sunday Afternoon Sessions (3 & 5) Ages 14 & Under, Senior
Warm-up: 5:00 PM	Warm-up: 7:00 AM	Warm-up: 12:00 PM
Positive Check-In Closes: 5:25 PM	Positive Check-In Closes: 7:25 AM	Positive Check-In Closes: 12:25 PM
Start: 6:00 PM	Start: 8:00 AM	Start: 1:00 PM



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ENTRIES CHECK LIST: This meet will be using USA Swimming On-Line Meet Entry www.usaswimming.org/ome. After OME entry deadline, all forms must be received on or before close of business, Thursday, February 14, 2008. Please send forms with an overnight service that has tracking capabilities and include the following:

1. Team Summary & Release Form
2. Any Entry fees and swimmer surcharge payments

Checks payable to: Illinois Swimming Inc

MAIL FORMS TO:	Illinois Swimming, Inc 3166 S. River Rd. Suite 30 Des Plaines, IL 60018 Attn: Regional Entry's	EMAIL ENTRIES QUESTIONS TO	ilswimoffice@sbcglobal.net
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QUALIFYING TIMES: 2007-08 Regional Championship Time Standards are included. Only swimmers having achieved qualifying times by 6:00 PM, Tuesday February 12, 2008 are eligible for this meet. Entry times may be submitted in short course yards, short course meters or long course meters. Please highlight and note ("SCM" or "LCM") next to all non-conforming entry times. Fax/Email entries for times achieved between 6:00 PM February 12, 2008 and 1:00 PM Tuesday, February 19, 2008, dates inclusive.

Minimum Qualifying Time: 2007-08 Illinois Regional Championship time standards
Maximum Qualifying Time: 2007-08 Age Group Championship (Senior Championship for Senior events) Time Standards, except where noted on the order of events.
Swimmers having achieved an Age Group or Senior Championship time standard in any course may NOT compete in that event in the Regional Championships in that event.

ENTRY FEES: \$5.00 per individual event and a swimmer surcharge of \$2.00 per swimmer entered in at least one individual event must be included with entry.

ENTRY DETAILS AND DEADLINE: This meet will be using USA Swimming On-Line Meet Entry: www.usaswimming.org/ome

Entries may be submitted on line beginning on December 24, 2007 (12:01AM CDT) and must be completed by Tuesday, February 12, 2008 at 6:00 pm CDT. You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Illinois Swimming Office for payment instructions. Once you complete your online entry, you will be sent a confirmation email. You may update your OME entry at any time prior to the entry deadline. You can also add events to your entry but you cannot delete events after you have paid for them. Bring all communications with you to the meet in case of problems with your entries.

ENTRY PROCESS:

1. Complete entry online using USA Swimming's Online Meet Entry System (OME)
2. Pay for OME entry online using credit card OR pay by check Payable to **Illinois Swimming, Inc**
3. Mail the following to Illinois Swimming Office (due by Thursday, February 14, 2008):
 - a. Team Summary and Release Form
 - b. Entry Fees and swimmer surcharge payments not paid by credit card

FAX/EMAIL ENTRY DETAILS AND DEADLINE: Fax/email entries are limited to qualifying times achieved between achieved between 6:00 PM February 12, 2008 and 1:00 PM Tuesday, February 19, 2008, dates inclusive. These entries are due by 1:00pm on Tuesday, February 19, 2008. Please use the fax/email entry form provided. It is the responsibility of the person submitting entries to confirm delivery. **For fax/email entries ONLY, make checks payable to the appropriate host club**

1. Submit the following to the entry chair for fax/email entries achieved during the fax/email qualifying period
 - a. Fax/email entry form
 - b. Payment due by the first day of competition.
 - c. Checks for Fax/email entries ONLY are payable to the appropriate host club as listed below:

	BSC	FOX	LWSA	SCT	SST
Entry Chair	Alissa Kojima (847) 809-9550 bscregional@ilswim.org	Sonia Hertogs (630) 904-1751 foxregional@ilswim.org	Mark Hoffer (708) 774-0134 lwsaregional@ilswim.org	Carolyn Grevers (224) 436-3195 sctregional@ilswim.org	Steve Roth (217) 224-1051 sstregional@ilswim.org
Fax Number	847-639-7463	630-851-5733	708-599-7827	847-582-7793	217-223-7805



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ELIGIBILITY: All swimmers must be current (2008) members of USA Swimming and Illinois Swimming. "Applied For" registration numbers will not be accepted; registration forms may be obtained from the ISI office, 847-824-1596, 3166 S. River Road, Suite 30, Des Plaines, IL 60018 or downloaded from the Illinois Swimming website. www.ilswim.org.

EVENT LIMITATIONS: A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than nine (9) individual events during the meet. No swimmer shall be permitted to compete in more than four (4) individual events per day. For the Friday evening Session 1, the host club reserves the right to limit each event (combined women and men) to the fastest six (6) heats. Those entries not accepted will be returned to the club.

POSITIVE CHECK-IN: All events will be **Positive Check-In**, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least 35 minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seedtime. All swimmers will be expected to report for their events on time. No show rules will apply as stated in ISI Article 206.11

SEEDING: Entries shall be seeded according to USA Swimming rules. Entry times conforming to course length for this championship meet (SCY) shall be considered "conforming times". All other times meeting the appropriate standard shall be considered "non-conforming times". The order of seeding for this meet is Short Course Yards (SCY), Short Course Meters (SCM), and Long Course Meters (LCM).

INDIVIDUAL EVENTS:

1. All events will be conducted as timed finals.
2. The 1650 Free will be swum fastest to slowest, alternating between Women's and Men's heats. A swimmer who has qualified in the 800 meters or 1000 yards may swim the 1650 Free, but must enter using the Long Course 1500-meter qualifying time.

RELAY EVENTS: THERE ARE NO RELAYS AT THE REGIONAL CHAMPIONSHIP MEETS.

INDIVIDUAL AWARDS: Rosette Ribbons for 1ST-8TH places will be awarded in each event.

TEAM AWARDS: There are no team awards for this meet.

AWARDS CEREMONY: Awards for top eight women and men will be presented after each set of four individual events are swum.

COACHES MEETING: There will be a coaches meeting 15 minutes prior to the start of each session if needed. Each team or unattached swimmer must be represented.

MEET RESULTS: Meet results will be available via .PDF file on the Illinois Swimming website.

MEET COMMITTEE/TECHNICAL JURY: The Meet Director and the Age Group Vice-Chair will select the Meet Committee. The committee will consist of a coach, an athlete, and 1-3 other individuals.

WARM-UP: ISI warm-up and safety procedures will be in effect.

MEMBERSHIP: Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be current with all safety certifications. Coaches and officials must display USA Swimming credentials at all times while on deck. Credentials will be checked at the Clerk of Course Table for all coaches, prior to receiving coach's packet.

TIMERS: Each team with swimmers in the meet must provide timers. A list of lane assignments for each team will be posted after the entry deadline. A club timer coordinator with phone number and email address must be listed on your Team Summary and Release Form that is submitted with your entry.

MISSED QUALIFYING TIMES & FINES: Entry times will be taken from the SWIMS database, custom times may be entered, however all times not from SWIMS are subject to 'proof of time' at the clerk of course table. Coaches will be notified of the need to prove times. If a time cannot be proven prior to the scratch deadline, then the swimmer will not be seeded.

OFFICIALS: Officials interested in working these meets should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating to JimAudet@aol.com. A mandatory brief for all officials working the meet will begin 1 hour before the start of each session.

ADMISSIONS: Will be charged for entrance to each session. Heat sheets will also be available for sale. These prices will be set by the host club.



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MEET RESULTS: Meet results will be available via .PDF file on the Illinois Swimming website.

TIME TRIAL EVENTS: A single session time trial will be offered for competing athletes on Sunday starting 30 minutes after the completion of session 5. Entry in time trials is limited to athletes age 13 & older with entries in events for previous sessions. Time trial events will be counted against the meet limit of nine events. Sign-up for time trials will close 30 minutes after the start of session 5.



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Friday, February 22, 2008														
SESSION 1														
GIRLS							BOYS							
Event #	LCM		SCM		SCY		Event Name	SCY		SCM		LCM		Event #
	Min	Max	Min	Max	Min	Max		Min	Max	Min	Max	Min	Max	
1	3:33.09		3:25.89		3:06.29		12&Under 200 Fly	3:04.69		3:24.09		3:30.99		2
3	7:42.09		7:26.79		8:30.49		10&Under 500 Free	8:25.49		7:22.69		7:38.49		4
							AWARDS							
5	3:57.59		3:49.09		3:27.29		12&Under 200 Breast	3:21.79		3:42.99		3:54.69		6
7	11:18.89	11:21.99	10:54.89	9:55.39	12:30.19	10:17.19	Open 1000 Free	12:01.59	10:55.99	10:29.39	9:32.19	10:43.49	9:44.99	8
							AWARDS							
9	3:30.79		3:22.49		3:03.29		12&Under 200 Back	2:59.39		3:18.29		3:30.29		10
11	7:32.09		7:15.79		6:34.39		12&Under 400 IM	6:27.29		7:07.99		7:28.29		12
							AWARDS							



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Saturday, February 23, 2008														
GIRLS							BOYS							
SESSION 2														
Event #	LCM		SCM		SCY		Event Name	SCY		SCM		LCM		Event #
	Min	Max	Min	Max	Min	Max		Min	Max	Min	Max	Min	Max	
13	5:54.19	5:21.99	5:38.99	5:08.19	6:27.39	5:52.19	12&Under 500 Free	6:28.09	5:52.79	5:39.59	5:08.69	5:58.59	5:25.89	14
15	1:48.49	1:38.59	1:40.89	1:31.69	1:30.89	1:22.59	10&Under 100 Fly	1:33.09	1:24.59	1:43.29	1:33.89	1:53.29	1:42.99	16
17	1:28.69	1:20.59	1:24.59	1:16.89	1:16.19	1:09.29	12&Under 100 Fly	1:16.59	1:09.59	1:24.89	1:17.19	1:30.99	1:22.69	18
AWARDS														
19	38.69	35.19	37.39	33.99	33.69	30.59	10&Under 50 Free	33.99	30.89	37.69	34.29	39.49	35.89	20
21	34.79	31.59	33.59	30.49	30.29	27.49	12&Under 50 Free	29.79	27.09	33.09	30.09	34.69	31.49	22
AWARDS														
23	1:54.79	1:44.39	1:48.59	1:38.69	1:37.79	1:28.89	10&Under 100 Breast	1:41.19	1:31.99	1:52.29	1:42.09	1:59.79	1:48.89	24
25	1:40.29	1:31.19	1:34.89	1:26.29	1:25.49	1:17.69	12&Under 100 Breast	1:27.99	1:19.99	1:37.69	1:28.79	1:44.19	1:34.69	26
AWARDS														
27	46.79	42.49	43.89	39.89	39.49	35.89	10&Under 50 Back	40.29	36.59	44.69	40.59	47.59	43.29	28
29	41.19	37.49	38.99	35.49	35.19	31.99	12&Under 50 Back	35.29	32.09	39.19	35.59	41.59	37.79	30
AWARDS														
31	3:33.89	3:14.49	3:26.89	3:08.09	3:06.49	2:49.49	10&Under 200 IM	3:09.49	2:52.29	3:30.29	3:11.19	3:43.89	3:23.49	32
33	3:09.39	2:52.19	3:01.89	2:44.79	2:43.29	2:28.49	12&Under 200 IM	2:46.09	2:30.99	3:04.39	2:47.59	3:10.49	2:53.19	34
AWARDS														
Saturday, February 23, 2008														
GIRLS							BOYS							
SESSION 3														
Event #	LCM		SCM		SCY		Event Name	SCY		SCM		LCM		Event #
	Min	Max	Min	Max	Min	Max		Min	Max	Min	Max	Min	Max	
35	5:21.49	4:52.29	5:10.49	4:42.29	5:59.39	5:26.69	Open 500 Free	5:34.49	5:04.09	4:52.69	4:26.09	5:01.29	4:33.89	36
37	5:29.99	4:59.99	5:15.59	4:46.89	6:00.79	5:29.99	14&Under 500 Free	5:52.29	5:20.29	5:08.29	4:40.29	5:23.39	4:53.99	38
AWARDS														
39	1:18.59	1:11.49	1:15.99	1:09.09	1:08.49	1:02.29	Open 100 Fly	1:02.19	56.49	1:08.99	1:02.69	1:11.39	1:04.89	40
41	1:21.79	1:14.39	1:18.29	1:11.19	1:10.49	1:04.09	14&Under 100 Fly	1:07.19	1:01.09	1:14.59	1:07.79	1:19.09	1:11.89	42
AWARDS														
43	32.19	29.29	31.09	28.29	27.99	25.49	Open 50 Free	25.19	22.89	27.89	25.39	29.69	26.99	44
45	32.99	29.99	31.79	28.89	28.59	25.99	14&Under 50 Free	26.99	24.49	29.89	27.19	31.49	28.59	46
AWARDS														
47	1:31.79	1:23.49	1:27.79	1:19.79	1:19.09	1:11.89	Open 100 Breast	1:11.99	1:05.49	1:19.99	1:12.69	1:24.29	1:16.59	48
49	1:34.59	1:25.99	1:29.49	1:21.39	1:20.59	1:13.29	14&Under 100 Breast	1:16.99	1:09.99	1:25.49	1:17.69	1:32.99	1:24.49	50
AWARDS														
51	2:55.89	2:39.89	2:46.99	2:31.79	2:30.49	2:16.79	Open 200 Back	2:19.49	2:06.79	2:34.79	2:20.69	2:46.79	2:31.59	52
53	2:59.99	2:43.59	2:50.49	2:34.99	2:33.59	2:19.59	14&Under 200 Back	2:28.89	2:15.39	2:45.29	2:30.29	2:54.79	2:38.89	54
AWARDS														
55	6:12.69	5:38.79	6:01.69	5:28.79	5:25.79	4:56.19	Open 400 IM	5:04.89	4:37.19	5:38.49	5:07.69	5:55.59	5:23.29	56
57	6:20.39	5:45.79	6:03.99	5:30.89	5:27.89	4:58.09	14&Under 400 IM	5:19.09	4:50.09	5:54.19	5:21.99	6:12.39	5:38.49	58
AWARDS														

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Sunday, February 24, 2008															
GIRLS							SESSION 4							BOYS	
Event #	LCM		SCM		SCY		Event Name	SCY		SCM		LCM		Event #	
	Min	Max	Min	Max	Min	Max		Min	Max	Min	Max	Min	Max		
59	3:12.19	2:54.69	3:02.39	2:45.79	2:44.29	2:29.39	10&Under 200 Free	2:48.39	2:33.09	3:06.89	2:49.89	3:14.89	2:57.19	60	
61	2:46.59	2:31.39	2:39.69	2:25.19	2:23.89	2:10.79	12&Under 200 Free	2:23.39	2:10.39	2:39.19	2:24.69	2:47.09	2:31.89	62	
63	44.79	40.69	42.29	38.49	38.19	34.69	10&Under 50 Fly	38.69	35.19	42.99	39.09	46.29	42.09	64	
65	38.39	34.89	37.19	33.79	33.39	30.39	12&Under 50 Fly	33.79	30.69	37.49	34.09	38.89	35.39	66	
67	1:41.19	1:31.99	1:35.49	1:26.79	1:25.99	1:18.19	10&Under 100 Back	1:27.19	1:19.29	1:36.79	1:27.99	1:43.59	1:34.19	68	
69	1:28.99	1:20.89	1:24.09	1:16.49	1:15.79	1:08.89	12&Under 100 Back	1:15.69	1:08.79	1:23.99	1:16.39	1:30.19	1:21.99	70	
71	52.79	47.99	49.39	44.89	44.59	40.49	10&Under 50 Breast	45.89	41.69	50.89	46.29	54.69	49.69	72	
73	45.79	41.59	43.39	39.49	39.19	35.59	12&Under 50 Breast	39.59	35.99	43.99	39.99	47.09	42.79	74	
75	1:27.79	1:19.79	1:22.99	1:15.49	1:14.79	1:07.99	10&Under 100 Free	1:15.49	1:08.59	1:23.69	1:16.09	1:28.39	1:20.39	76	
77	1:15.89	1:08.99	1:12.89	1:06.29	1:05.69	59.69	12&Under 100 Free	1:05.09	59.19	1:12.29	1:05.69	1:16.29	1:09.39	78	
79			1:35.59	1:26.89	1:26.09	1:18.29	10&Under 100 IM	1:27.09	1:19.19	1:36.69	1:27.89			80	
81			1:24.49	1:16.79	1:16.09	1:09.19	12&Under 100 IM	1:16.59	1:09.59	1:24.89	1:17.19			82	
							AWARDS								
Sunday, February 24, 2008															
GIRLS							SESSION 5							BOYS	
Event #	LCM		SCM		SCY		Event Name	SCY		SCM		LCM		Event #	
	Min	Max	Min	Max	Min	Max		Min	Max	Min	Max	Min	Max		
83	2:31.79	2:17.99	2:26.79	2:13.49	2:12.49	2:00.49	Open 200 Free	2:02.49	1:51.39	2:15.49	2:03.19	2:22.09	2:09.19	84	
85	2:36.19	2:21.99	2:30.29	2:16.59	2:15.39	2:03.09	14&Under 200 Free	2:08.89	1:57.19	2:23.09	2:10.09	2:31.29	2:17.49	86	
87	2:55.99	2:39.99	2:50.49	2:34.99	2:34.39	2:20.29	Open 200 Fly	2:24.29	2:11.19	2:40.19	2:25.59	2:49.29	2:33.89	88	
89	3:07.59	2:50.49	2:57.99	2:41.79	2:40.39	2:25.79	14&Under 200 Fly	2:37.19	2:22.89	2:54.49	2:38.59	3:06.29	2:49.39	90	
91	1:20.49	1:13.19	1:16.79	1:09.79	1:09.19	1:02.89	Open 100 Back	1:04.09	58.29	1:11.19	1:04.69	1:15.49	1:08.59	92	
93	1:23.69	1:16.09	1:18.79	1:11.59	1:10.89	1:04.49	14&Under 100 Back	1:08.09	1:01.89	1:15.59	1:08.69	1:20.59	1:13.29	94	
95	3:21.59	3:03.29	3:11.29	2:53.89	2:52.39	2:36.69	Open 200 Breast	2:39.89	2:25.39	2:57.49	2:41.39	3:07.09	2:50.09	96	
97	3:23.89	3:05.39	3:15.09	2:57.39	2:55.79	2:39.79	14&Under 200 Breast	2:50.69	2:35.19	3:09.49	2:52.29	3:23.69	3:05.19	98	
99	1:10.49	1:04.09	1:07.49	1:01.39	1:00.89	55.39	Open 100 Free	55.89	50.79	1:00.89	55.39	1:03.39	57.59	100	
101	1:11.79	1:05.29	1:09.09	1:02.79	1:02.29	56.59	14&Under 100 Free	58.89	53.49	1:05.29	59.39	1:08.79	1:02.49	102	
103	2:53.89	2:38.09	2:46.59	2:31.49	2:31.99	2:18.19	Open 200 IM	2:19.99	2:07.29	2:35.39	2:21.29	2:43.09	2:28.29	104	
105	2:57.89	2:41.69	2:50.29	2:34.79	2:33.39	2:19.49	14&Under 200 IM	2:27.69	2:14.29	2:43.99	2:29.09	2:52.49	2:36.79	106	
107	21:48.69	19:49.69	21:22.29	19:25.69	21:05.89	19:10.79	Open 1650 Free	20:09.79	18:19.79	20:15.59	18:25.09	20:41.99	18:49.09	108	
							AWARDS								

ILLINOIS
SWIMMINGILLINOIS
SWIMMING**2008 Speedo® Illinois Swimming Regional Championship Meets**

TIME TRIAL EVENTS ALL LOCATIONS														
Sunday, February 24, 2008														
GIRLS							TIME TRIAL	BOYS						
Event #	LCM		SCM		SCY		Event Name	SCY		SCM		LCM		Event #
	Min	Max	Min	Max	Min	Max		Min	Max	Min	Max	Min	Max	
135	5:21.49	4:52.29	5:10.49	4:42.29	5:59.39	5:26.69	Open 500 Free	5:34.49	5:04.09	4:52.69	4:26.09	5:01.29	4:33.89	136
139	1:18.59	1:11.49	1:15.99	1:09.09	1:08.49	1:02.29	Open 100 Fly	1:02.19	56.49	1:08.99	1:02.69	1:11.39	1:04.89	140
143	32.19	29.29	31.09	28.29	27.99	25.49	Open 50 Free	25.19	22.89	27.89	25.39	29.69	26.99	144
147	1:31.79	1:23.49	1:27.79	1:19.79	1:19.09	1:11.89	Open 100 Breast	1:11.99	1:05.49	1:19.99	1:12.69	1:24.29	1:16.59	148
151	2:55.89	2:39.89	2:46.99	2:31.79	2:30.49	2:16.79	Open 200 Back	2:19.49	2:06.79	2:34.79	2:20.69	2:46.79	2:31.59	152
155	6:12.69	5:38.79	6:01.69	5:28.79	5:25.79	4:56.19	Open 400 IM	5:04.89	4:37.19	5:38.49	5:07.69	5:55.59	5:23.29	156



ILLINOIS SWIMMING

2008 Speedo[®] Illinois Swimming Regional Championship Meets February 22-24, 2008

TEAM SUMMARY & RELEASE FORM

Name of Club: _____ Club Code: _____

Complete Mailing Address: _____

Club Timer Coordinator: _____

Phone (Day) _____ (Eve) _____ Email: _____

Names of Coaches at Meet: _____

CLUB CONTACT PERSON: _____

Phone (Day) _____ (Eve) _____ Email: _____

Club Officials for meet (Name, certification type, and Phone #)

NAME: _____ Certification: _____ Phone (Day) _____ (Eve) _____

NAME: _____ Certification: _____ Phone (Day) _____ (Eve) _____

Total Women's Events	_____	X	\$5.00 per event =	\$ _____
Total Men's Events	_____	X	\$5.00 per event =	\$ _____
Number of Women Entered in Individual Events	_____	X	\$2.00 Surcharge =	\$ _____
Number of Men Entered in Individual Events	_____	X	\$2.00 Surcharge =	\$ _____
<i>Make checks payable to "Illinois Swimming Inc"</i>			Total Amount Enclosed =	\$ _____

In consideration of the acceptance of this entry, intending to be legally bound, I hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc, the "Host Club" their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

The undersigned coach or team representative of all swimmers listed on this entry hereby certifies that all times stated on this entry form are true and correct. The undersigned further assumes responsibility for any false or incorrect times, and acknowledges that, in accordance with ISI and USA Swimming rules, a substantial fine will be paid to Illinois Swimming, Inc., for each time that is false, incorrect, or unacceptable.

Signature of Coach, Parent, or Club Representative & contact information for entry questions

Phone (Day) _____ (Eve) _____ Email: _____



ILLINOIS SWIMMING

2008 Speedo® Illinois Swimming Regional Championship Meets February 22-24, 2008

FAX/EMAIL ENTRY FORM

Name of Club: _____ Club Code: _____

Coach of Record for this Meet: _____ Mobile Number: _____

Entry Contact Person: _____

Phone (Day)

Phone (Eve)

Email

The deadline for FAX/Email entries is 1:00 PM, Tuesday February 19, 2008

It is the responsibility of the sender to ensure that this FAX/Email is sent to the correct host and is received.

	BSC	FOX	LWSA	SCT	SST
FAX	847-639-7463	630-851-5733	708-599-7827	847-582-7793	217-223-7805
Entry Chair	Alissa Kojima (847) 809-9550 bscregional@ilswim.org	Sonia Hertogs (630) 904-1751 foxregional@ilswim.org	Mark Hoffer (708) 774-0134 lwsaregional@ilswim.org	Carolyn Grevers (847) 582-7356 sctregional@ilswim.org	Steve Roth (217) 224-1051 ssregional@ilswim.org

NAME Last, First, MI	USA Swimming ID	EVENT #	EVENT NAME	SEED TIME
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

Total Women's Events _____	X	\$5.00 per event = \$ _____
Total Men's Events _____	X	\$5.00 per event = \$ _____
Number of Women Entered in Individual Events _____	X	\$2.00 Surcharge = \$ _____
Number of Men Entered in Individual Events _____	X	\$2.00 Surcharge = \$ _____
<i>Make checks payable to the appropriate host club</i>		Total Amount Enclosed = \$ _____

Signature: _____
(Club Representative)



ILLINOIS SWIMMING

2008 Speedo[®] Illinois Swimming Regional Championship Meets February 22-24, 2008

FAX/EMAIL SCRATCH FORM

Name of Club: _____ Club Code: _____

Coach of Record for this Meet: _____ Mobile Number: _____

Entry Contact Person: _____

Phone (Day)

Phone (Eve)

Email

**The deadline for FAX/Email scratches is 1:00 PM, Thursday, February 21, 2008.
It is the responsibility of the sender to ensure that this FAX/Email is sent to the correct host and is received.**

	BSC	FOX	LWSA	SCT	SST
FAX	847-639-7463	630-851-5733	708-599-7827	847-582-7793	217-223-7805
Entry Chair	Alissa Kojima (847) 809-9550 bscregional@ilswim.org	Sonia Hertogs (630) 904-1751 foxregional@ilswim.org	Mark Hoffer (708) 774-0134 lwsaregional@ilswim.org	Carolyn Grevers (847) 582-7356 sctregional@ilswim.org	Steve Roth (217) 224-1051 sstregional@ilswim.org

The 2008 Regional Championship meet is positive check in so pre-meet scratching is not necessary; however, if you would like to scratch swimmers in advance, please use this form.

NAME Last, First, MI	USA Swimming ID	EVENT #	EVENT NAME	SEED TIME
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Signature: _____
(Club Representative)