

**WEST CHICAGO SHARKS SWIM TEAM
2006 SUMMER SPLASH**

FRIDAY, SATURDAY, and SUNDAY, June 23 - 25, 2006

Meet Director: Karl Madsen, Ph: (630) 231-6150
Email: meetdirector@wcsharks.org

Entry Chairman: Karl Madsen, Ph: (630) 231-6150
303 Woodside Ct., West Chicago, IL 60185

**SANCTIONS: Sanctioned by United States Swimming and Illinois Swimming, Inc.
SANCTION No. ILL06-0611**

All USA Swimming and ISI swimming rules and ISI Safety rules will be strictly enforced.

LOCATION: University of Illinois – Chicago, 901 West Roosevelt Road, Chicago, IL. The school is a no-smoking facility. Likewise, there is no smoking allowed on the grounds.

POOL: The UIC Pool is a 50-meter, eight lane pool with starting blocks at South end of pool (depth at starting blocks: 12'-0", depth at turn end: 3'-5"), non-turbulent lane lines, Daktronics horn start system and timing system with 8-lane read-out board. Spectator seating for 550.

SCHEDULE:

Friday 1:	Warm-ups: 4:00 - 4:50 PM First Splash: 5:00 PM Positive check-in closes at 4:20 PM
Saturday 2:	Warm-ups: 7:00 - 7:50 AM First Splash: 8:00 AM Positive check-in closes at 7:20 AM
Saturday 3:	Warm-ups: Immediately following session 2, not before Noon First Splash: not before 1:00 PM Positive check-in closes at 12:20 PM
Saturday 4:	Warm-ups: Immediately following session 3 First Splash: not before 5:00 PM Positive check-in closes at 2:20 PM
Sunday 5:	Warm-ups: 7:00 - 7:50 AM First Splash: 8:00 AM Positive check-in closes at 7:20 AM
Sunday 6:	Warm-ups: Immediately following session 5, not before Noon First Splash: not before 1:00 PM Positive check-in closes at 12:20 PM
Sunday 7:	Warm-ups: Immediately following session 6 First Splash: not before 5:00 PM Positive check-in closes at 2:20 PM

ENTRIES: All entries shall comply with the current 2006 U.S.A Swimming, Inc. and Illinois Swimming, Inc. rules. Current 2006 registration numbers, age, first name, middle initial, and last name must appear on all entry blanks. Only U.S.A Swimming registered swimmers are eligible. No swimmer's entry will be accepted unless he/she is registered or has been duly certified in accordance with the U.S.A Swimming Code and Rule Book of 2006. Entries listed "registration applied for" will not be accepted. Age for this meet shall be the swimmer's age as of June 23, 2006. Entry's will be accepted from swimmers with disabilities. The pool facility's meet or surpass all accessibility requirements as listed on page 3 of Illinois Swimming Inc's, current meet directors manual. Illinois registration applications may be obtained from Illinois Swimming, Inc., 3166 S. River Rd, Suite 30, Des Plaines, IL 60018; Ph.: (847) 824-1596.

STARTS: The FINA start procedures will be applied (no re-call rope and whistle commands).

SEEDING: Submit swimmers' best times to assure proper seeding. Swimmers will be seeded from slowest to fastest. All non-conforming times will be seeded last in rank order.

RELAY STARTS: As of May 15, 2004, the second and fourth relay swimmers MUST start in the water.

LIMITATIONS: Friday: Swimmers may enter **(2)** two events for their age group. Saturday and Sunday: Swimmers are limited to four **(4)** individual events and one **(1)** relay event, per session, each day. All sessions: Events may be combined. Relay swimmers must be entered in at least one individual event. Deck entries will not be permitted. Sessions 1, 4 and 7 may be limited to the top four heats.

ENTRY FEES: Individual events are \$2.50 each. Relay events are \$7.00 per event. A surcharge of \$1.00 per swimmer has been instituted by ISI, Inc. for the Athlete Travel Reimbursement Fund. Make checks payable to the West Chicago Sharks.

DEADLINE: Entries will be accepted beginning May 19, 2006 at 10:00am. Entries will be on a first received, first entered basis. Hand delivered, phoned or faxed entries will **NOT** be accepted. E-mail entries are accepted as a method of entering this meet. You may also use US Post Office, Fed Ex or any other overnight or courier service. If using e-mail, please e-mail your zipped files beginning at 10:00 am, Central Time on Friday, May 19, 2006 to meetdirector@wcsharks.org. A completed and signed Entry Summary Sheet, provided in this packet, and payment in full must be received by the Entry Chair within 72 hours of receipt of your e-mailed entry. An entry is not complete until all necessary paperwork including Entry Summary Sheet, Volunteer Sheet, Summary of Fees Report and check for entry fees made payable to West Chicago Sharks Swim Team are received. Entries that are expressed mail should be delivered with no signature required. If you desire verification of entries received, include an e-mail address or a self-addressed postal card with your entries. Entries must be received by June 9, 2006. **DECK ENTRIES WILL NOT BE ACCEPTED.**

FORMS: Entries should be submitted using long course times on a 3 1/4" computer diskette or CD-ROM disk using "Hytek" software; for details contact the entry chairperson. A printout of the disk's data should also be provided along with the disk, to allow a cross-check for I.S.I numbers, ages, etc. Entry forms must be LEGIBLE and completed in full. Also, the **original** of the enclosed Summary of Fees and Release Form signed by the coach, parent, or club representative must accompany **all** entries, along with your check. Failure to comply with any of these requirements is sufficient cause to reject those entries. If you desire verification of entries received and/or accepted, include a stamped self-addressed postal card with your entries.

CHECK-IN: This meet is a "positive check-in" meet. That is, each swimmer will be asked to stop at the check-in desk upon entering the pool and confirm their presence. If a swimmer has not checked-in at the desk, he/she will be scratched from their events for that day. Swimmers need to check-in each day if they are entered in multiple sessions. **Positive check-in is according to schedule on page 1.**

AWARDS: All awards will be based on the final results. 1st through 8th place will be awarded for each event for the 10 and under and 11-12 age groups. High point awards will be given to the top 3 male and female swimmers for the 13-14 and 15 and older swimmers age groups.

RESULTS: Results will be posted as the meet progresses. One copy of the results will be provided to all teams represented by five (5) swimmers or more. Individuals may purchase a copy of the final results for \$10.00 by contacting meetdirector@wcsharks.org.

COACHES: Coaches must be current USA Swimming coaches to be allowed on deck and must continuously display their USA Swimming coaching membership card at all times.

SECURITY: No one will be allowed on deck except USA swimmers, coaches, meet officials and meet workers.

PARENT WORKERS/OFFICIALS: There will be a need for Officials and Timers. Anyone willing to help should fill in the information requested on the VOLUNTEER sheet. **Any team with more than six (6) swimmers in a session may have an assigned lane to time for that session. Lane timer assignments for teams will be posted and announced. Free admission for volunteer timers for the number assigned per team.**

CONCESSIONS: Food and beverages will be available for sale. A hospitality room is provided for coaches and officials. There is absolutely no smoking allowed on the school grounds or in the buildings.

ADMISSIONS: Friday evening session: \$3.00 for adults (no charge for children under age 16); Saturday and Sunday \$4.00 per adult (no charge for children under age 16). Psyche sheets covering all sessions are \$8.00. *Wrist bands will be issued at the admissions table. All spectators must display this wrist band during the meet. Reluctance to adhere with this policy may be grounds for ejection of the spectator and his/her respective team.*

HOTELS INFO: Accommodations are available at nearby hotels. Contact the meet director for more detailed info.

SAFETY REQUIREMENTS

WARM-UP Procedure:

A. WARM-UP PROCEDURES

The 50 minute warm session will be divided into 2 sub-sessions allowing a more productive warmup for the swimmers. Assignments will be made and sent out to the coaches at least one week prior to the meet with their assignments.

1. General Warm-up (first 15 of 25 minutes)

- a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- b. No sprinting or pace work allowed during this general warm-up session.
- c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

	Warmup Lane Assignments-1st half					Warmup Lane Assignments-2nd half				
	FRI	SAT AM	SAT PM	SUN AM	SUN PM	FRI	SAT AM	SAT PM	SUN AM	SUN PM
Lane	4:00-4:25	7:00-7:25	12:00-12:25	7:00-7:25	12:00-12:25	4:25-4:50	7:25-7:50	12:25-12:50	7:25-7:50	12:25-12:50
1										
2										
3										
4										
5										
6										
7										
8										

2. Specific Warm-up (last 10 of 25 minutes)

- a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
- b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
- c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
- d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
8 LANE	1&8	2&7	3,4,5,6

Coach's Responsibilities:

- A. Coaches shall instruct their swimmers regarding safety requirements and warm-up procedures as they apply to conduct at meet and practices.
- B. Coaches shall be on deck during the warm-ups and shall actively supervise their swimmers throughout all warm-up sessions at the meets and at all practices.

Marshaling:

- A. Marshals appointed by the meet referee will attend all warm-up sessions and will continuously watch over

the diving well to assure that the safety procedures are enforced.

- B. Marshals shall have the authority to remove from the deck for the remainder of the session any swimmer or coach who is in violation of safety requirements or warm-up procedures.
- C. FLAGRANT VIOLATIONS of safety requirements or warm-up procedures by a swimmer may result in the swimmer being barred from their next individual event.

Miscellaneous:

- A. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- B. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

SUMMARY OF FEES
WEST CHICAGO SHARKS SWIM TEAM
2006 SUMMER SPLASH

FRIDAY, SATURDAY, and SUNDAY, June 23 - 25, 2006

SANCTION No. USA ILL06-0611

Complete this form and mail along with entry forms and check payable to:

West Chicago Sharks
c/o Karl Madsen, Ph. (630) 231-6150
303 Woodside Ct., West Chicago, IL 60185

# of Entries	_____ @ \$2.50 =	\$ _____
Total Swimmers (ISI Surcharge)	_____ @ \$1.00 =	\$ _____
# of Relay Entries	_____ @ \$7.00 =	\$ _____
Total Fees		\$ _____

Name of Club _____

Club Code (for Scoring) _____ USS Affiliation _____

Complete Mailing Address: _____

EMAIL Address: _____

Name & Phone of Contact Person: _____

Names of Coaches in Attendance: _____

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against United States Swimming, Inc., Illinois Swimming, Inc., West Chicago Sharks, Inc. West Chicago Community High School District #94, West Chicago Park District, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said Meet, as a representative of my Club. "I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming."

Signature of Coach, Club Rep., or Parent

Title

Date

THIS SIGNED RELEASE AND YOUR CHECK MUST ACCOMPANY ENTRY OR ENTRY WILL NOT BE ACCEPTED. ENTRIES MUST BE RECEIVED NO LATER THAN June 9, 2006.

2006 SUMMER SPLASH
FRIDAY, SATURDAY, and SUNDAY, June 23 - 25, 2006
 Sanction No. ILL06-0611

Friday, June 23, 2006

SESSION 1: Warm-ups start at 4:00 PM
 First splash at 5:00 PM

GIRLS	AGE GROUP	DISTANCE	STROKE	BOYS
1	10& U	200	IM	2
3	11-12	200	IM	4
5	Open	400	IM	6
7	10 & U	200	FREE	8
9	11-12	200	FREE	10
11	Open	400	FREE	12

Saturday, June 24, 2006

SESSION 2: Warm-ups start at 7:00 AM
 First splash at 8:00 AM

13	10 & U	100	FREE	14
15	11-12	100	FREE	16
17	10 & U	50	BREAST	18
19	11-12	50	BREAST	20
21	10 & U	50	BACK	22
23	11-12	50	BACK	24
25	10 & U	100	FLY	26
27	11-12	100	FLY	28
29	10 & U	200	FREE RELAY	30
31	11-12	200	FREE RELAY	32

SESSION 3: Warm-ups start at 12:00PM
 First splash at 1:00 PM

33	13-14	200	FREE	34
35	Senior	200	FREE	36
37	13-14	50	FREE	38
39	Senior	50	FREE	40
41	13-14	100	BREAST	42
43	Senior	100	BREAST	44
45	13-14	200	FLY	46
47	Senior	200	FLY	48
49	13-14	200	BACK	50
51	Senior	200	BACK	52
53	Open	200	FREE RELAY	54

SESSION 4: Warm-ups begin immediately
 following session 3
 First splash not before 4:00 PM

55	Open	800	FREE	
----	------	-----	------	--

Sunday, June 25, 2006

SESSION 5: Warm-ups start at 7:00 AM
 First splash at 8:00 AM

GIRLS	AGE GROUP	DISTANCE	STROKE	BOYS
57	10 & U	100	BREAST	58
59	11-12	100	BREAST	60
61	10 & U	50	FREE	62
63	11-12	50	FREE	64
65	10 & U	50	FLY	66
67	11-12	50	FLY	68
69	10 & U	100	BACK	70
71	11-12	100	BACK	72
73	10 & U	200	MED RELAY	74
75	11-12	200	MED RELAY	76

SESSION 6: Warm-ups start at 12:00PM
 First splash at 1:00 PM

77	13-14	200	IM	78
79	Senior	200	IM	80
81	13-14	100	FREE	82
83	Senior	100	FREE	84
85	13-14	100	FLY	86
87	Senior	100	FLY	88
89	13-14	100	BACK	90
91	Senior	100	BACK	92
93	13-14	200	BREAST	94
95	Senior	200	BREAST	96
97	Open	200	MED RELAY	98

SESSION 7: Warm-ups begin immediately
 following session 6
 First splash not before 4:00 PM

Open	800	FREE	100
------	-----	------	-----

Attention:

- **Friday:** Swimmers may enter (2) two events for their age group.
- **Saturday and Sunday:** Swimmers are limited to four (4) individual events and one (1) relay event, per session, each day.
- Open events will be scored 13-14 and Senior.
- Session 1, 4, 7 events may be limited to top 4 heats.
- All 800 swimmers must provide their own timers and lap counters.
- Heats for session 4 & 7 will be run fastest to slowest.