

12th Annual
Titan Wheel Firecracker Classic

LONG COURSE

DATE: July 7, 8, and 9, 2006
SANCTION: Sanctioned by United States Swimming, Inc.
and Illinois Swimming, Inc. ILL #06-0702

MEET DIRECTOR

Tim Lewarchick
3915 South 24th St
Quincy, IL 62301
(217) 224-1051
tklewarchick@aol.com

MEET REFEREE

Drew Schnack
1221 Circuit Court
Quincy, IL 62305
(217)-222-4895

ENTRY CHAIRPERSON

Tim Lewarchick
3915 South 24th Street
Quincy, IL 62301
(217) 224-1051
tklewarchick@aol.com

LOCATION: Sheridan Swim Club
3915 South 24th Street
Quincy, IL 62301
(217) 224-1051

POOL: Ten (10) lanes, fifty (50) meters, starting blocks at both ends of the pool (pool depth ranges from 4' – 6'), non-turbulent lane markers and Colorado Automatic Timing System 6. Separate six (6) lanes, twenty-five (25) meter x 25 yard T-shaped outdoor pool available for family and friends to use during the course of the meet in addition to a separate six-lane 25-yard indoor pool available at all times during the meet for competitors only for warm-up and cool downs.

MEET SCHEDULE:

Friday afternoon, July 7th: Warm-ups: 1:00 pm
Meet starts: 2:00 pm

Saturday/Sunday mornings, July 8th and 9th: Warm-ups: 7:00 am
Meet starts: 8:00 am

Saturday and Sunday afternoons, July 8th and 9th: Warm-ups begin one half hour after the morning session but no later than noon; First event of the afternoon will start one hour after the start of warm-ups.

CHECK-IN: ***All swimmers in limited number events, must check in** with the Clerk of the Course 45 MINUTES prior to the start of each session. All unaccompanied swimmers must report to the meet referee prior to warming up for the first session in which they are swimming. The meet referee or his/her designee shall instruct the swimmer in the safety rules and assign them to warm-up lanes.*

ELIGIBILITY: Open to all currently registered USA swimmers and invited guests through a reciprocal invitation to foreign athletes from United States Swimming. "Applied for" will not be accepted. Swimmer's age on Friday, July 7th, 2006 determines age for the meet.

Illinois swimming applications may be obtained from:
Illinois Swimming, Inc.
P.O. Box 877
Aurora, IL 60507
(630) 844-0476

Or on the web at: www.sheridanswimteam.com

ENTRIES: Swimmers may swim in four (4) events plus relays each day.

PLEASE ENTER ALL TIME IN LONG COURSE METERS

Meet will be limited to 375 swimmers per session with entries on a first come, first served basis. No team entry will be split.

Entries should be submitted on Hy-Tek disk are preferred and should also include a hard copy of your Team Manager entry report.

If you overnight your entries, please do not require a signature for receipt. This simply delays matters and requires the entry person to go to the Post Office and sign for documents.

ENTRY DATE & DEADLINE: Entries will not be accepted before June 5th, 2006 and must be completed by Wednesday, June 28th, 2006.

FEES: \$2.50 per individual event
\$7.00 per relay
\$1.00 per swimmer I.S.I. surcharge
Make all checks payable to Sheridan Swim Team

NOTE: **All Events will be preseeded – Check is required for the limited events.**

Limited Events: 400 Free
 400 I.M.
 200 I.M.
 1500 Free

The 1500 will be swum fastest to slowest alternating women's and men's heats with 13 & 14 and seniors combined for swimming but scored separately.

Swimmers who competed in last year's Senior National Championships will swim free (no entry fees).

Volunteer officials would be greatly appreciated.

AWARDS

Team Trophies will be awarded to the top 3 teams in the meet. Additionally, a big screen 27" television will be awarded to the coach from the winning team.

High Point Awards will be given in all age groups in addition to custom event awards in 12 and under divisions.

Adaptive Swimming Clause

The authority of the meet referee to incorporate swimmers with disabilities into the meet, according to USA Swimmers Rules and Regulations.

FRIDAY July 7th, 2006

Warm-ups: 1:00 p.m.

Meet starts: 2:00 p.m.

Girls			Boys
Event #	Age Group	Event	Event #
1	Senior	200 Individual Medley (Top 90)	2
3	13 – 14	200 Individual Medley	4
5	11 – 12	200 Individual Medley	6
7	10 & Under	200 Individual Medley	8
9	Senior	50 Free	10
11	13 – 14	50 Free	12
13	11 – 12	50 Free	14
15	10 & Under	50 Free	16
17	Senior	400 Free (Top 30)	18
19	13 – 14	400 Free (Top 30)	20
21	Senior	400 Medley Relay	22
23	13 – 14	400 Medley Relay	24

SATURDAY A.M. JULY 8th, 2006

Warm-ups: 7:00 a.m.

Meet starts: 8:00 a.m.

25	10 & Under	200 Free	26
27	11 – 12	200 Free	28
29	10 & Under	50 Back	30
31	11 – 12	50 Back	32
33	10 & Under	100 Breast	34
35	11 – 12	100 Breast	36
37	10 & Under	100 Fly	38
39	11 – 12	100 Fly	40
41	10 & Under	200 Free Relay	42
43	11 – 12	400 Free Relay	44

SATURDAY P.M. JULY 8th, 2006

Warm-ups: One half hour following the morning session. No later than noon.

Meet starts: One (1) hour after start of warm-up session.

Girls			Boys
Event #	Age Group	Event	Event #
45	13 – 14	400 I.M. (Top 30)	46
47	Senior	400 I.M. (Top 30)	48
49	13 – 14	100 Free	50
51	Senior	100 Free	52
53	13 – 14	200 Breast	54
55	Senior	200 Breast	56
57	13 – 14	100 Back	58
59	Senior	100 Back	60
61	13 – 14	200 Fly	62
63	Senior	200 Fly	64
65	13 – 14	400 Free Relay	66
67	Senior	400 Free Relay	68

SUNDAY A.M. JULY 9th, 2006

Warm-ups: 7:00 a.m.

Meet starts: 8:00 a.m.

69	11 – 12	100 Free	70
71	10 & Under	100 Free	72
73	11 – 12	50 Fly	74
75	10 & Under	50 Fly	76
77	11 – 12	100 Back	78
79	10 & Under	100 Back	80
81	11 – 12	50 Breast	82
83	10 & Under	50 Breast	84
85	11 – 12	400 Free (Top 30)	86
87	10 & Under	200 Medley Relay	88
89	11 – 12	400 Medley Relay	90

SUNDAY P.M. JULY 9th, 2006

Warm-ups: One half hour following the morning session. No later than noon.

Meet starts: One (1) hour after start of warm-up session.

Girls			Boys
Event #	Age Group	Event	Event #
91	Open	800 Free Relay	92
		10 Minute Break	
93	13 – 14	200 Free	94
95	Senior	200 Free	96
97	13 – 14	100 Fly	98
99	Senior	100 Fly	100
101	13 – 14	100 Breast	102
103	Senior	100 Breast	104
105	13 – 14	200 Back	106
107	Senior	200 Back	108
109	13 – 14	1500 Free (Top 30 combined)	110
111	Senior	1500 Free (Top 30 combined)	112

109 & 111 – 3 heats total; swim together, scored separately

110 & 112 – 3 heats total; swim together, scored separately

TITAN FIRECRACKER CLASSIC

July 7th, 8th, 9th, 2006

USA SANCTION NUMBER ILL

COMPLETE THIS AND MAIL IT WITH ENTRY FORMS AND YOUR CHECK PAYABLE TO:

Sheridan Swim Club
c/o Tim Lewarchick
3915 South 24th Street
Quincy, IL 62301

E-mail: tklewarchick@aol.com

Summary of Fees

Girls : Boys

10 & Under	No. of entries:	_____ : _____	@ \$2.50 each = \$ _____
11 – 12	No. of entries:	_____ : _____	@ \$2.50 each = \$ _____
13 – 14	No. of entries:	_____ : _____	@ \$2.50 each = \$ _____
Senior	No. of entries:	_____ : _____	@ \$2.50 each = \$ _____
Relays	No. of entries:	_____ : _____	@ \$7.00 each = \$ _____
ISI Surcharge	No. of swimmers:	_____ : _____	@ \$1.00 each = \$ _____

Name of Club: _____

Club Initial Code For Heat Sheet _____

USA Affiliation: _____ (LSC)

Complete Mailing Address: _____

Phone: _____

Names of coaches attending: _____

Club member to contact regarding entry: _____

Phone: _____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damage which may occur against the United States Swimming, Inc., Sheridan Swim Club, and Sheridan Swim Club Board, their representatives, employees, directors, officers, successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature (Coach, Club representative or parent):

_____ dated: _____, 2006

This signed release and a check for all fees must accompany entry or entry will not be accepted.

ENTRIES MUST BE RECEIVED NO LATER THAN Wednesday, June 28, 2006

_____ Our team would agree to early warm-up (Please check if yes)

WARM-UP PROCEDURE

GENERAL WARM-UP (PRIOR TO THE LAST 15 MINUTES)

- ❑ No diving allowed from blocks or edge of pool.
- ❑ Swimmers must enter the pool feet first in a cautious manner.
- ❑ No sprinting or pace work allowed during general warm-up.
- ❑ All lanes will be used for general warm-up.

SPECIFIC WARM-UP (LAST 15 MINUTES)

- ❑ Push/pace lanes:
 - Push off one or two lengths from the starting end.
 - Circle swim only.
 - NO DIVING.
- ❑ Diving lanes:
 - Sprint lanes for diving from the blocks or for backstroke starts in specified lanes at designated times.
 - ONE WAY SWIMMING ONLY.
- ❑ General warm-up lanes:
 - CIRCLE SWIM ONLY.
 - NO DIVING.
- ❑ At conclusion of the 15-minute specific warm-up period, all swimmers MUST clear the pool.
- ❑ The first event will start no sooner than 15 minutes from the conclusion of the specific warm-up.
- ❑ Lane Use:
 - Lanes 1 and 10 Push/Pace
 - Lanes 2, 3, 4, 7, 8, 9 Diving/Sprint
 - Lanes 5 and 6 General Warm-up

COACHES RESPONSIBILITIES

- ❑ Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
- ❑ Coaches shall be on the deck during warm-ups and shall actively supervise their swimmers throughout the entire warm-up sessions at meets and at all practices.
- ❑ Any coaches' meeting at meets will be conducted at times other than the 30-minute general warm-up and the 15-minute specific warm-up.

FRIDAY WARM-UP MAY BE SPLIT AT THE DISCRETION OF MEET REFEREE – If you would like early warm-up, please let the entry chairperson know in writing.

WARM-UP PROCEDURE (cont.)

HOST TEAM RESPONSIBILITIES

- Marshaling
 - A minimum of four marshals who report to and receive instructions from the meet referee and/or the Meet Director shall be on deck during the entire warm-up session.
 - One Marshal, who should be an ISI official, shall act as Safety Coordinator.
 - Marshals should be current members of United States Swimming.
 - Marshals shall remove from the pool deck for the remainder of the warm-up sessions any swimmer or coach who is in violation of safety requirements or warm-up procedures.
 - Flagrant violations of safety requirements or warm-up procedures by a swimmer could result in the swimmer being barred from their next individual event.
- The Host Team shall provide signs for each lane at both ends of the pool which indicate the designated use during warm-up.
- Warm-up times and lane assignments shall be published in the meet information ad posted at several locations around the pool area.
- An announcer shall be on duty for the entire warm-up session to announce lane and time changes and to assist with the conduct of the warm-up.
- Hazards in the locker rooms, in the pool deck area, or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

MISCELLANEOUS

- Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.
- Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time.
- The pool is not for visiting or playing during warm-up time.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- Quincy University has rooms available for \$15.00 per night.

Quincy Convention and Visitor Bureau

300 Civic Center Plaza

Suite 237

Quincy, IL 62301

1-800-97-VISIT

Quincy Hotels	Address	Phone # (217)	Toll Free #	Fax number	Category	# of Rooms	Group Rates	Suites	Handicap Rooms	Non-Smoking Rms.	Cribs	Rollaways	Kids under 18 free	Shuttle service	Restaurant	Lounge	Indoor Pool	Outdoor Pool	Exercise Facilities	Pets Allowed	Free Breakfast	Free Newspapers	Free Local Calls	In-Room Coffee	Cable TV	Fax/Copy Service	Meeting Rooms	Price
ALTHOFF	3511 N. 24th St.	228-2460		228-9204	MO	38			X	X	X						X			X		X	X	X	X			
BEL AIRE	2314 N. 12th St.	223-1356			MO	21	X	X	X	X	X								X				X	X				
COOPER ADAMS HS.	1122 Kentucky	222-8660			B/B	2	X	X	X		X		X		X					X	X	X	X	X		X		
COMFORT INN	4122 Broadway	228-2700	1-800-221-2222	228-2700	HO	121	X	X	X	X	X	X	X				X			X	X	X		X	X		\$ 58.95	
DAYS INN	200 Maine St.	223-6610	1-800-329-7486	223-3297	HO		X	X	X	X	X	X	*		X	X		X		X	X		X	X	X	X	\$ 69.95	
DIAMOND MOTEL	4708 N. 12th St.	223-1436			MO	20	X		X	X			X							X			X	X				
FAIRFIELD INN	4315 S. Broadway	223-5922	1-800-228-2800	223-5922	HO	63	X	X	X	X	X	X	X		***	***	X	X	****		X	X	X		X	X	X	\$ 74.99
HAMPTON INN	225 S. 4th St.	224-8378	1-800-426-7866	221-0765	HO	64	X	X	X	X	X	X	X	X			X		X		X	X	X	X	X	X	\$ 72.00	
HOLIDAY INN	201 S. 3rd St.	222-2666	1-800-HOLIDAY	222-3238	HO	153	X	X	X	X	X	X	X	X	X	X	X		X	X		X		X	X	X		
HOTEL ELKTON	133 S. 4th St.	222-5660		222-0079	HO	16	X		X		X	X			X	X				X				X	X	X		
HOTEL QUINCY	513 Hampshire	222-2400	weekly/monthly	228-6610	HO	40					X	X											X		X			
KAUFMANN HOUSE	1641 Hampshire	223-2502			B/B	3	X	X		X	X	X		X						X	X	X	X	X		X		
SHEPERT'S INN	300 Gardner Exp.	224-7733			HO	74	X	X	X	X	X	X					X		X				X	X	X		X	
STONEY CREEK INN	3809 Broadway	223-2255	1-800-659-2220	223-8577	HO	72	X	X	X	X	X	X	X	X		X	X	X	X		X	X	X	X	X	X	\$ 69.00	
SUPER 8	224 N. 36th St.	228-8608	1-800-800-8000	228-8808	MO	59	X	X	X	X	X	X								X	X	X	X		X	X		
TRAVELODGE	200 S. 3rd St.	222-5620	1-800-278-7878	224-2582	MO	67			X	X	X	X	**					X		X	X	X	X	X	X		\$32-\$34	

* Kids under 13 free

** Kids under 17 free

*** Adjacent to hotel

**** Exercise passes valid at the Quincy Family YMCA

www.quincy-cvb.org

www.quincyhotels.com