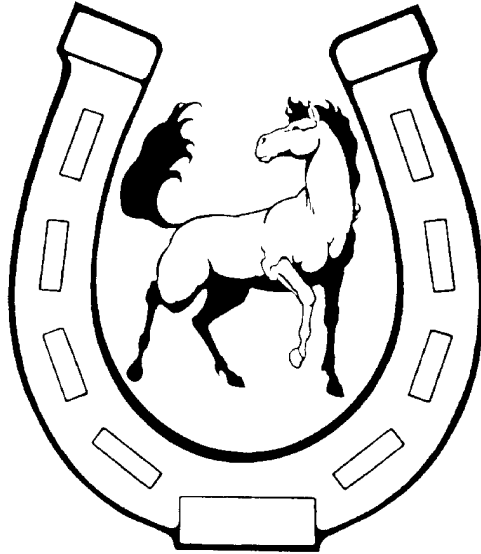


**Barrington Swim Club**  
**Thirteenth Annual**  
***WINTER CLASSIC***  
**January 26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup> 2007**



**Barrington Swim Club**  
**Barrington, Illinois**

*Held under the sanction of USA Swimming*  
*SANCTION NO.# ILS07-0117*

**Entries accepted:**  
**Friday, December 22, 2006, 8:00am**

**Entry Deadline:**  
**Tuesday, January 16, 2007**

**Barrington Swim Club**  
**13<sup>th</sup> Annual Winter Classic**  
January 26<sup>th</sup>, 27<sup>th</sup>, & 28<sup>th</sup> 2007

**Sanction:** Sanctioned by USA Swimming Inc. and Illinois Swimming Inc.  
Sanction Number ILS07-0117

<b>Meet Director</b>	<b>Entry Chairperson</b>	<b>Safety Chairperson</b>
Mark Elliott	Alissa Kojima	Peter Mori
21320 N. Laurine	9144 Jasmine Way	
Barrington, IL 60010	Fox River Grove, IL 60021	<b>Meet Referee</b>
(847) 382-4656 or	(847) 809-9550	Ann Widdowson
(847) 609-3170 (C)	<a href="mailto:entries@swimbsc.org">entries@swimbsc.org</a>	<a href="mailto:ann.widdowson@swimbsc.org">ann.widdowson@swimbsc.org</a>
<a href="mailto:mark.elliott@swimbsc.org">mark.elliott@swimbsc.org</a>		

**Format:** Timed Finals  
Positive check in for all sessions.

**Friday PM (Session 1)**

Warm Ups	5:00pm
Meet Start	6:00pm
Positive check in will close at	5:15pm

**Saturday and Sunday AM (Session 2 and 4)**

Warm Ups	7:15am
Meet Start	8:15am
Positive check in will close at	7:30am

**Saturday and Sunday PM (Session 3 and 5)**

Warm Ups	12:00pm
Meet Start	1:00pm
Positive check in will close at	12:15pm

**Sunday PM (Session 6)**

Session 6 will immediately follow session 5.  
There will be a separate positive check in for the mile announced during session 5.

**Location:** Barrington High School Natatorium  
616 W. Main Street  
Barrington, IL 60010  
(847) 842-3261  
On Lake-Cook Road, second light west of Rt. 59 (Barrington Road)

**Facility:** The Barrington High School indoor pool has ten lanes, twenty-five yards, with 29' permanent starting blocks and non-turbulent lane markers. Seating capacity for 600 spectators. Fully automatic Colorado timing system with touch pads and a 10-lane Myriad electronic scoreboard. The pool depth is greater than 72 inches and conforms to USA standards.

- Rules and Safety:** All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced.
- Eligibility:** All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as “Registration applied for” will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 3166 South River Road Suite 30 Des Plaines, IL 60018 or 847-824-1596. A swimmer’s age as of January 26<sup>th</sup>, 2007 will determine their age for the meet.
- USA Swimming Inc. Membership:** Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club’s responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.
- Coaches:** All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.
- Entry Deadline:** Please note that all entries are due no later than Tuesday, January 16<sup>th</sup>, 2007 and that no entries will be accepted before 8:00 a.m. Friday, December 22<sup>nd</sup>, 2006. Hand deliveries will only be accepted from a nationally recognized courier service or the U.S. Postal Service. E-Mail entries will be accepted with proper confirming documents and payment within 48 hours.
- Entries:** Individuals are limited to four entry events per day, not including relays or the 1650 yards. Relay swimmers must be entered in at least one individual event. Current registration number, age, first name, middle initial, and last name must appear on all entry blanks.
- The Summary of Fees statement must be completed and the Release form signed for all entries. This must be received within 48 hours of submission of e-mail entries. Failure to do so shall be sufficient grounds for refusal of the entry.
- BSC will be using Hytek Meet Manager for Windows. Entries may be submitted on data disk 3.5” using the appropriate BSC order of events. A print out of the entry must accompany the disk. Entries with 5 or less swimmers can be submitted on the enclosed entry form or copy.
- Entry Fees:** The entry fee is \$3.00 for each individual event and \$7.00 for each relay entry. Entry fees must accompany entries. A surcharge of \$2.00 per swimmer has been instituted by ISI. Make checks payable to Barrington Swim Club.

**Entry Limitations:** Deck entries will not be permitted.

The following events have additional limitation that only three (3) fastest heats based on times submitted for entry will swim:

<b>Fri Evening</b>	<b>Sun Evening</b>
400 IM Open	1650 Freestyle
500 Free	
200 Breaststroke	

A listing of the psych sheet showing eligible swimmers will be posted on our website at <http://swimbsc.org>.

The host team reserves the right to swim additional heats if time allows.

**Entry Verification:** If you desire verification of entries received, include a stamped self-addressed postal card with your entries.

**Events:** In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**Positive Check In:** All sessions will use positive check in. Check in will close 45 minutes prior to the start of each session. Failure to check in will result in the swimmer being scratched from all events for that session. Late arrivals may be accommodated if there are open lanes available in the slower heats.

**Scoring:** Point distribution is as follows: 11,9,8,7,6,5,4,3,2,1. Relay points 1<sup>st</sup> – 3<sup>rd</sup> are as follows: 22, 18, 16.

**Seeding:** All events will be time finals from slowest to fastest, with the exception of the 1650 Freestyle events. These events will be swum fastest to slowest. Short course yard times should be submitted for entry purposes.

**Relay Events:** Relay cards will be issued at each session and must be returned to the clerk of course 45 minutes prior to the start of the relay events.

**Awards:** Custom medals will be awarded for swimmers places 1-8. Ribbons will be awarded for swimmers places 9-16. Relays will be awarded custom medals for places 1-3.

Individual high point awards will be made in each age group and gender for the top three swimmers. Awards will be given for the following age groups: 8 & under, 9-10, 11-12, 13-14 and 15 & over. Team trophies will be awarded 1-3<sup>rd</sup> place based on points. No individual points for high point will be awarded for Session 1, Friday evening, and Session 6, Sunday evening.

Open events on Saturday and Sunday will be scored by age group for awards and high point calculations. Points will be awarded for the first four individual events swum in any one day.

**Admissions:** \$3.00 per person (non-swimmer) over 12 years old.  
\$6.00 per psyche sheet for all sessions.

**Volunteers:** All teams will be required to provide timers based on number of entries. All swimmers in Session 6 must provide their own timer. If the swimmer wishes to use a counter for events that are 500 yards and longer they must provide their own volunteer to count the lengths.

**Concessions:** Food and beverages will be served in the Giddy Up Café, located in the viewing gallery.

Vendors will be selling swimwear and accessories.

**Meet Results:** Results will be posted on the club web site: <http://swimbsc.org>.

## Order of Events

<b>January 26<sup>th</sup>, 2007</b> SESSION 1		
Women	Event	Men
1	12 and Under 200 IM	2
3	Open 400 IM	4
5	12 and Under 500 Free	6
7	Open 500 Free	8
9	Open 200 Breast	10

<b>January 27<sup>th</sup>, 2007</b> SESSION 2		
Women	Event	Men
11	9-10 100 IM	12
13	8 & Under 100 IM	14
15	9-10 50 Free	16
17	8 & Under 25 Back	18
19	9-10 100 Fly	20
21	8 & Under 50 Free	22
23	9-10 50 Back	24
25	8 & Under 25 Breast	26
27	9-10 200 Free	28
29	8 & Under 50 Fly	30
31	9-10 100 Breast	32
33	8 & Under 100 Free Relay	34
35	9-10 200 Free Relay	36

<b>January 27<sup>th</sup>, 2007</b> SESSION 3		
Women	Event	Men
37	11-12 100 IM	38
39	13 & Over 200 IM	40
41	11-12 100 Free	42
43	13 & Over 100 Free	44
45	11-12 50 Breast	46
47	13 & Over 100 Breast	48
49	11-12 50 Fly	50
51	13 & Over 200 Fly	52
53	11-12 100 Back	54
55	13 & Over 100 Back	56
57	11-12 200 Free Relay	58
59	13 & Over 400 Free Relay	60

<b>January 28<sup>th</sup>, 2007</b> SESSION 4		
Women	Event	Men
61	9-10 200 IM	62
63	8 & Under 100 Free	64
65	9-10 50 Fly	66
67	8 & Under 50 Back	68
69	9-10 100 Back	70
71	8 & Under 50 Breast	72
73	9-10 50 Breast	74
75	8 & Under 25 Fly	76
77	9-10 100 Free	78
79	8 & Under 25 Free	80
81	9-10 200 Medley Relay	82
83	8 Under 100 Medley Relay	84

<b>January 28<sup>th</sup>, 2007</b> SESSION 5		
Women	Event	Men
85	11-12 200 Free	86
87	13 & Over 200 Free	88
89	11-12 100 Fly	90
91	13 & Over 100 Fly	92
93	11-12 50 Back	94
95	13 & Over 200 Back	96
97	11-12 100 Breast	98
99	13 & Over 50 Free	100
101	11-12 50 Free	102
103	13 & Over 400 Medley Relay	104
105	11-12 200 Medley Relay	106
	<b>January 28<sup>th</sup>, 2007</b> SESSION 6	
107	Open 1650 Free	108

Barrington Swim Club  
Winter Classic

USA Sanction No.# ILS07-0117  
January 26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup>, 2007

**COMPLETE THIS FORM AND MAIL WITH ENTRY FORM AND YOUR  
CHECK PAYABLE TO:**

Barrington Swim Club  
c/o Alissa Kojima  
9144 Jasmine Way  
Fox River Grove, IL 60021

**SUMMARY OF FEES**

	Number of Entries	Cost per Entry	Total
8 & Under		\$3.00	
9 & 10		\$3.00	
11-12		\$3.00	
13 & Over		\$3.00	
Total # of entries		\$3.00	
Total # of swimmers (ISI surcharge)		\$2.00	
Total # of relays		\$7.00	
<b>TOTAL FEES --&gt;</b>			

Name of Club or unattached: \_\_\_\_\_

Club Code for Heat Sheet: \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_

Phone \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name(s) of coaches attending meet: \_\_\_\_\_

In consideration of acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., the Barrington Swim Club, the Barrington High School and School District 220, their representatives, Directors, Officers, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming.

SIGNATURE (Coach, club representative, or parent)

Name \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_\_

This signed release and your check for the full and correct amount must accompany entry or entry will not be accepted. Entries must be received no later than 12:01 a.m.CST, Wednesday, January 17, 2007.

# CONTROLLED MEET WARM-UP AND SAFETY GUIDELINES

## A. WARM-UP PROCEDURES

1. **General Warm-up** (first 30-45 minutes)
  - a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
  - b. No sprinting or pace work allowed during this general warm-up session.
  - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
2. **Specific Warm-up** (last 30-45 minutes)
  - a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
  - b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
  - c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
  - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

Pool Lane Use		
Push/Pace	Diving	General Warm Up
1&10	2&9	3,4,5,6,7,8

## B. SAFETY GUIDELINES

1. **Coaches Responsibilities**
  - a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  - b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. **Host Team Responsibilities**
  - a. Marshaling
    - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
    - 2) Marshals shall be current members of USA Swimming.
    - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
  - b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
  - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
  - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
  - e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
3. **Miscellaneous:**
  - a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
  - b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
  - d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
  - e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

